



CELEBRATION OF THE COHOSHES: September 28, 2013, Goldenseal Sanctuary, Rutland, Ohio.

**REGISTRATION: 8:00am—9:20am**

**9:30 – 10:00**

**Welcome Presentation**

**Susan Leopold, Executive Director UpS**

**Location: BARN**

**10:10 – 11:00 (50 mins)**  
***Biochemical Economics***

**Amanda Vickers**  
**Location: YURT**

**10:10 – 11:55 (1hr 45min)**  
***Fairy Candles, Rattleweed  
and Bug Bane: A Folkloric  
Herb Walk***

**Rebecca Wood**  
**Location: OUTSIDE**  
**(meeting place TBA)**

**10:10 – 11:55 (1hr 45min)**  
***Conservation through  
Cultivation***

**Chip Carroll**  
**Location: SHADE HOUSE**  
**Tanner to accompany**

**10:10 – 11:00 (50 mins)**  
***Black Cohosh and Pregnancy***

**Marlene Waechter, CPM**  
**Location: OUTDOOR  
CLASSROOM**

**11:10 – 12:55 (1 hr 45 min)**  
***Into the Heart of Cohosh:  
Herb Walk***

**Sasha White**  
**Location: OUTSIDE**  
**(meeting place TBA)**

**12:05 – 12:55 (50 mins)**  
***Historical Uses - Eclectics***

**Mimi Hernandez, AHG**  
**Location: YURT**

**12:05 – 12:55 (50 mins)**  
***Growing Cooperatives***

**Robert Eidus**  
**Location: GREENHOUSE**

**11:10 – 12:55 (1 hr 45 min)**  
***Holistic Approach to  
Menopause***

**Betsy Bancroft, AHG**  
**Maureen Burns-Hooker**  
**Caty Crabb, AHG**  
**Location: OUTDOOR  
CLASSROOM**

**1:00 – 2:15 (1 hr 15 mins)**

**LUNCH**

**Location: BARN**

**2:30 – 4:00 (1 hr 30 min)**  
***The Ramp***

**Tanner Filyaw**  
**Location: YURT/OUTSIDE**  
**Chip Carroll to accompany**

**2:30 – 4:00 (1 hr 30 min)**  
***Propagation Methods***

**Ed Fletcher**  
**Location: GREENHOUSE/  
YURT**

**2:30 – 4:00 (1 hr 30 min)**  
***Let Nature Be Your  
Guide: Group Meditation  
and Yoga Session***

**Rebecca Wood**  
**Location: OUTDOOR  
CLASSROOM**

**2:30 – 4:00 (1 hr 30 min)**  
***Tree Medicine: Herb Walk***

**Sasha White**  
**Betsy Bancroft**  
**Location: OUTSIDE**  
**(meeting place TBA)**

**DINNER AND BAND -**

**Location: BARN and CAMPFIRE**

**Dinner available from 4:30pm**

**BAND 6:00 – 8pm (ish)**