United Plant Savers Nursery & Bulk Herb Directory

Specializing in Native Medicinal Plants

Edition updated 2012

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UNITED PLANT SAVERS ~ ACTIVELY PLANTING THE FUTURE
United Plant Saver is an exciting grass-roots organization comprised of people who love and appreciate plants and who are particularly concerned with the status of 'at risk' native medicinals. We are in the midst of carrying out a variety of tangible projects all with the goal of long term plant conservation in mind.

Many of our members are interested in growing medicinal plants, both individually and commercially with the focus on restoring those on the UpS "At-Risk" and "To-Watch" lists. Since 1996 we have been compiling names of individuals, nurseries and farms that supply these plants. Our intention is to not only provide members with resources of where to obtain these plants, but to make the ethical business of medicinal plant propagation more profitable than the practice of wild collection of "At-Risk" plants. Generally the wild collection of seed for resale purposes is considered ethical as long as the regenerative potential of wild plant colonies is not jeopardized.

The resources listed in this catalogue have been contacted directly by UpS and have filled out a statement form that states they are selling nursery-propagated stock. When ordering seeds/plants/herbs from any of these companies, let them know that you saw their listing in the UpS Nursery and Bulk Herb Directory.

This is an ongoing project and we continually update the Directory. If you know of other resources that should be included or individuals you think we should contact, please let us know. **Send information on nurseries, farmers and growers directly to UpS Nursery and Bulk Herb Directory, P.O. Box 400, East Barre, VT 05649.**

For information on United Plant Savers write to:
UpS, P.O. Box 400, East Barre, VT 05649
Phone 802-476-6467
E-mail office@unitedplantsavers.org
Website www.unitedplantsavers.org

This Directory is up-dated biennially for members. Last update: January 2012

~ "At-Risk" List ~
*Following are the **UpS "At-Risk"** (At Risk now in its natural environment) and **"To-Watch"** (potential to become At Risk in the future) lists of plants that are currently most sensitive to the impact of human activities such as habitat destruction, development and over-harvesting. UpS has not called for a moratorium on the use of these plants. Rather, we are initiating programs designed to preserve these important medicinal plants in the wild and are calling on others to join our efforts.*

American Ginseng - *Panax quinquefolius*
Black Cohosh - *Actaea racemosa (Cimicifuga)*
Bloodroot - *Sanguinaria canadensis*
Blue Cohosh - *Caulophyllum thalictroides*
Echinacea - *Echinacea spp.*
Eyebright - *Euphrasia spp.*
False Unicorn Root - *Chamaelirium luteum*
Goldenseal - *Hydrastis canadensis*
Lady's Slipper Orchid - *Cypripedium spp.*
Lomatium - *Lomatium dissectum*
Osha - *Ligusticum porteri, L. spp.*
Peyote - *Lophophora williamsii*
Sandalwood – *Santalum spp.*
Slippery Elm - *Ulmus rubra*

Sundew - *Drosera spp.*
Trillium, Beth Root - *Trillium spp.*
True Unicorn - *Aletris farinosa*
Venus' Fly Trap - *Dionaea muscipula*
Virginia Snakeroot - *Aristolochia serpentaria*
Wild Yam - *Dioscorea villosa, D. spp.*

~ "To-Watch" List ~

Arnica - *Arnica spp.*
Butterfly Weed - *Asclepias tuberosa*
Cascara Sagrada - *Frangula purshiana (Rhamnus)*
Chaparro - *Casatela emoryi*
Elephant Tree - *Bursera microphylla*
Gentian - *Gentiana spp.*
Goldthread - *Coptis spp.*
Kava Kava - *Piper methysticum* (Hawaii only)
Lobelia - *Lobelia spp.*
Maidenhair Fern - *Adiantum pendatum*
Mayapple - *Podophyllum peltatum*
Oregon Grape - *Mahonia spp.*
Partridge Berry - *Mitchella repens*
Pink Root - *Spigelia marilandica*
Pipsissewa - *Chimaphila umbellate*
Spikenard - *Aralia racemosa, A. californica*
Stillingia - *Stillingia sylvatica*
Stone Root - *Collinsonia Canadensis*
Stream Orchid - *Epipactis gigantean*
Turkey Corn - *Dicentra Canadensis*
White Sage - *Salvia apiana*
Wild Indigo - *Baptisia tinctoria*
Yerba Mansa -*Anemopsis californica*

NURSERY DIRECTORY

The companies listed below have verified that the plants/seeds offered for sale are nursery-grown stock and are not harvested from the wild for resale purposes. Seeds of some species may be wildcrafted for resale but are done so in an environmentally responsible manner that ensures adequate regeneration of wild plant colonies.

Bison Belly Futures
S11793 Hazelnut Road, Spring Green, WI 53588
Phone: 608-588-2048
Email: bbf.gigi@earthlink.net
Contact: Gigi La Budde
Specializes in propagating the long-lived, slow-maturing 'fleshy rooted forbs' native to the Midwest's woodlands and savannas. All plants are nursery-grown and originate from Wisconsin seed or rootstock. Species offered include goldenseal, jack-in-the-pulpit, white baneberry, solomon's seal, wild ginger, blood root and blue cohosh.

Catskill Native Nursery
607 Samsonville Road, Kerhonkson, NY 12446
Phone: 845-626-2758
Fax: same
Email: info@catskillnativenursery.com
Website: www.catskillnativenursery.com

Contact: Francis or Diane
Catalog: no
Specializes in Northeast American woodland plants such as Trillium, bloodroot, ginseng, goldenseal, black and blue cohosh, wild ginger, lady's slipper, etc. and our locally endangered monkshood (Aconitum noveboracense). Also carry meadow flowers, wetland plants and a large selection of native trees and shrubs. No mail order, but inventory is on website. All plants are nursery propagated using only organic methods. Most of our woodland seed is locally collected in a sustainable manner, much of it from our own 5 acres.

Chestnut Herb Nursery
56 Sluder Branch Road, Leicester, NC 28748
Phone: 828-683-5233
Email: juliet@chestnutherbs.com
Website: www.chestnutherbs.com
Catalog: only website
We specialize in medicinal and culinary herbs, natives, edible flowers, perennial vegetables and disease resistant heirloom vegetable starts. We offer a large selection of medicinal herbs, including many on the "At-Risk" and "To-Watch" lists including 4 species of Echinacea, goldenseal, American ginseng, arnica, butterfly weed, lobelia, yerba mansa, wild indigo and white sage.

Companion Plants
7247 N. Coolville Ridge, Athens, OH 45701
Phone: 740-592-4643
Fax: 740-593-3092
Email: peter@companionplants.com
Website: www.companionplants.com
Contact: Peter Borchard
Catalog: pricelist available free
Over 600 varieties of common and exotic herbs from around the world, including many native medicinals-- black & blue cohosh, wild ginger, Solomon's seal, ginseng, and goldenseal.

Crimson Sage Nursery
PO Box 83, Orleans, CA 95556
Phone: 530-627-3457
Email: tina@crimson-sage.com
Website: www.crimson-sage.com
Contact: Tina Glaessner
Catalog: no charge
We offer many threatened and 'at-risk' herbs such as goldenseal, white sage, slippery elm, ginseng, black cohosh, bloodroot, blue cohosh, Virginia snakeroot and wild yam. Certified organic, almost all plants are propagated from our own nursery stock.

Evenmore Gardens
84 Bear Pond Road, Canaan, NH 03741
Phone: 603-304-9355
Email: evenmoregardens@gmail.com
Website: www.lacassep.byregion.net
Contact: Niniann LaCasse
Catalog: no (no mail order)
We grow a large selection of herbs and native plants and perennials in our greenhouse, gardens, field and woodland. Selections include black cohosh, bloodroot, blue cohosh, maidenhair fern, mayapple, partridge berry, trilliam and other woodland species such as jack in the pulpit, wild ginger and Solomon's seal.

Fedco
P.O. Box 520, Waterville, Me 04903
Phone: 207-873-7333
Website: www.fedcoseeds.com

Catalog: no charge
Fedco Seeds carries medicinal herb seeds and Fedco Trees carries a small selection of mostly locally grown bare-root perennials.

Horizon Herbs
P.O. Box 69, Williams, OR 97544
Phone: 541-846-6704
Fax: 541-846-6233
Email: hhcustserv@budget.net
Website: www.horizonherbs.com
Contact: Customer Service
Catalog: no charge
Large array of medicinal herb seeds, plants and rootstock including Appalachian, Western and World species. 100% nursery propagated and certified organic (except American ginseng isn't certified).

Humble Roots Farm and Nursery, LLC
Mosier, OR 97040
Phone: 503-449-3694
Email: humbleroots@gorge.net
Website: http://web.mac.com/humbleroots
Contact: Kristin & Andrew
Catalog: plant list on website
We offer native plants of the mid-Columbia River Gorge and Pacific Northwest including Lomatium dissectum, Arnica cordifolia, Mahonia sp. Frangula and other medicinal PNW native plants. Organic but not certified.

J.L. Hudson, Seedsman
Star Rt. 2, Box 337, La Honda, CA 94020-9733
Phone: no phone
Email: jlh@jlhudsonseeds.net
Website: www.jlhudsonseeds.net
Catalog: $1
The Ethnobotanical Catalog of Seeds, a Public Access Seed Bank—seeds of a wide variety of plants from all over the world. All open-pollinated, unpatented, and no GMOs. Also distribute books, including a number of ethnobotany reprints, and gibberellic acid, a natural product that stimulates germination of seeds—used for many difficult-to-start seeds.

Loess Roots
PO Box 877, Stanton, NE 68779
Phone: 402-439-5256
Email: rodangerorth@yahoo.com
Contact: Rod Angeroth
Catalog: no charge
Specializing in organically grown shade-loving medicinal plants. Plants available for rootstock include: American ginseng, goldenseal, bloodroot, black cohosh, Virginia snakeroot, mayapple, wild ginger and jack-in-the-pulpit. Bulk quantities of black cohosh seed & Virginia snakeroot seed are available.

Menzies' Natives Nursery
Box 9, Weed, CA 96094
Phone: 530-938-4858
Email: robertmenzies@att.net
Website: www.menziesnativenursery.com
Contact: Robert Menzies
Catalog: no
Native botanicals, fruits, shrubs and trees, by appointment or inquiry.

Mountain Gardens
546 Shuford Creek Road, Burnsville, NC 28714
Phone: 828-675-5664
Email: joehollis@excite.com
Website: www.mountaingardensherbs.com
Contact: Joe Hollis
Catalog: see website
Offer almost all of the Eastern U.S. "at risk" herbs. Specializing in seeds of native and oriental medicinal herbs.

NC Ginseng & Goldenseal Company
300 Indigo Bunting Lane, Marshall, NC 28753
Phone: 828-649-3536
Email: robert@ncgoldenseal.com
Website: www.ncgoldenseal.com
Contact: Robert Eidus
Catalog: no charge
Provides plants of American Ginseng, goldenseal, bloodroot, wild yam, pipsissewa, slippery elm and many more "at-risk" and "to-watch" medicinal herbs and trees, all organically cultivated.

Owl Mountain Herbs
75 Owl Mountain Road, Clyde, NC 28721
Phone: 828-627-2769
Contact: Randy & Tammy
Catalog: no
Seed and/or starts available for many "at-risk" and "to- watch" herbs including black cohosh, blue cohosh, goldenseal, wild yam, ginseng. Not certified organic but are grown naturally. Must order by June.

Red Root Native Nursery
48 Wolfe Cove Road, Asheville, NC 28804
Phone: 828-545-0565
Email: unaj@charter.net
Contact: Jean Harrison
Plants are nursery grown using organic methods but not certified. 99% of plants are seed propagated, wholesale and retail pricing. Currently offerings include black cohosh, true unicorn, false unicorn, wild yam, gentian, goldenseal, Lobelia cardinalis, partridge berry, American ginseng, wild ginger, red root, Galax, wintergreen, bee balm, Solomon's seal and more.

Second Nature Herbs
35 Mill Pond Road, Wells, VT 05774
Phone: 802-645-9346
Email: secondnaturevt@gmail.com
Contact: Ellen Malona
Currently we have Arnica chamissouis, Actaea racemosa, Echinacea purpurea, E angustifolia, gotu kola and Stevia rebaudiana. We are expanding our offerings of "at-risk" and "to-watch" plants to include false unicorn, butterfly weed, white sage and others.

Southern Exposure Seed Exchange
P.O. Box 460, Mineral, VA 23117
Phone: 540-894-9480
Fax: 540-894-9481
Email: gardens@southernexposure.com
Website: www.southernexposure.com
Contact: Ira Wallace
Catalog: no charge

Southern Exposure specializes in heirloom and open pollinated vegetable, flower and herb seeds. We offer over 400 certified organic varieties and another 300 ecologically grown/untreated. We offer many common culinary and medicinal herbs, including American ginseng seed and roots, goldenseal and 3 species of Echinacea.

True Herbal Energy
15549 Cortez Blvd., Brooksville, FL 34613
Phone: (802)-989-2245
Email: deanrcreps@gmail.com
Contact: Dean Creps
Catalog: no
All plants started from organic seed, many species available including pleurisy root/butterfly weed, Lobelia, Virginia snake root and Echinacea angustifolia.

Wild Woods Farm
PO Box 61413, Virginia Beach, VA 23466
Phone: 757-421-3929
Email: wildfood@cox.net
Website: www.ecoimages-us.com
Contact: Vickie Shufer
Catalog: no charge
Offering Hexastylis arifolia, Vaccinium corymbosum, Mitchella repens (partridge berry), Myrica cerifera, Podophyllum peltatum (mayapple), Amelanchier canadensis, Ilex vomitoria, Scutellaria lateriflora, S. integriflolia and more. Plants are nursery grown in their native environment.

Zack Woods Herb Farm
278 Mead Road, Hyde Park, VT 05655
Phone: 802-888-7278
Fax: same
Email: zackwoods@pshift.com
Website: www.zackwoodsherbs.com
Contact: Jeff Carpenter
Catalog: no charge
Offer a large variety of certified organic potted plants, including Echinacea, lobelia, wild indigo, butterfly weed, arnica, black cohosh, goldenseal, American ginseng, calamus, blue flag iris and bloodroot.

QUALITY BULK HERB DIRECTORY

The companies listed below have verified that the bulk herbs offered of "At-Risk" plants are organically cultivated or wildcrafted in an environmentally responsible manner that ensures adequate regeneration of wild plant colonies.

Bees' Dance Medicinal Herb Farm
1174 Will Grimes Rd, Hyde Park, VT 05655
Phone: 802-888-8589
Contact: Lyn-Laeh Ehrenberg
Catalog: no charge
A bio-dynamic and certified organic farm offering over 50 varieties of medicinal herbs sold dried or fresh by the pound. Call to check on the availability of bloodroot, blue cohosh, Echinaceas, arnica, butterfly weed, lobelia and partridge berry.

Bighorn Botanicals, Inc.
PO Box 133, Noxon, MT 59853
Phone: 406-847-5597
Fax: 406-847-5502

Email: nox5597@blackfoot.net
Website: www.bighornbotanicals.com
Contact: Rus Willis
Catalog: no charge
Bulk wholesale and retail of sustainably wildcrafted or grown without chemicals medicinal herbs native and naturalized to western Montana with Yew Tips (Taxus brevifolia) as our specialty. Limited supply of fresh Lomatium Root tincture available.

Blessed Herbs
109 Barre Plains Rd, Oakham, MA 01068
Phone: 508-882-3839
Fax: 508-882-3755
Email: info@blessedherbs.com
Website: www.blessedherbs.com
Contact: Chris Leonard
Catalog: see website
We offer over 600 premium quality bulk herbs and herbal products. All of our herbs and herbal products are free of any fumigation, irradiation or synthetic chemicals. We offer certified organic herbs whenever possible.

Cate Farm
135 Cate Farm Road, Plainfield, VT 05667
Phone: 802-454-7157
Email: catefarm@gmail.com
Website: www.catefarm.com
Contact: Richard Wiswall
Catalog: no
Certified organically grown Echinacea purpurea roots and flowers, burdock root, dandelion root and valerian root.

Flack Family Farm
3971 Pumpkin Village Road, Enosburg Falls, VT 05450
Phone: 802-933-7752
Website: www.flackfamilyfarm.com
Contact: Barbara or Doug Flack
Catalog: website only
Certified organic farm practicing biodynamic methods. Black cohosh, Solomon's seal, blue cohosh and St. Johnswort flowers available.

Frontier Natural Products Co-op
P.O. Box 299, Norway, IA 52318
Phone: 800-669-3275
Fax: 800-717-4372
Email: kathy.larson@frontiercoop.com
Website: www.frontiercoop.com
Contact: Kathy Larson
Catalog: yes
Supplies hundreds of medicinal and culinary herbs including many certified organic which include "at risk" plants such as goldenseal, American ginseng, black cohosh, slippery elm and wild yam.

Healing Spirits Herb Farm & Education Center
9198 State Route 415
Avoca, NY 14809
Phone: 607-566-2701
Email: herbs@healingspiritsherbfarm.com
Website: www.healingspiritsherbfarm.com
Contact: Matthias & Andrea Reisen
Catalog: no charge

Over 60 species of certified organic medicinal herbs available. Call for availability of bloodroot, blue cohosh, black cohosh, and partridge berry.

Loess Roots
PO Box 877, Stanton, NE 68779
Phone: 402-439-5256
Email: rodangerorth@yahoo.com
Contact: Rod Angeroth
Catalog: no charge
Can provide small quantities of quality fresh mature roots of American ginseng (very large roots, 12= years), goldenseal, bloodroot and black cohosh for tinctures, salves or drying.

MoonBranch Botanicals
5294 Yellow Creek Road, Robbinsville, NC 28771
Phone: 828-479-2788
Email: moonbranch@earthlink.net
Website: www.moonbranch.com
Contact: Robin A. Suggs
Catalog: no charge
Sustainably and ethically produced herbs native to Southeastern North Carolina, including many "at risk" species.

Mountain Gardens
546 Shuford Creek Road, Burnsville, NC 28714
Phone: 828-675-5664
Email: joehollis@excite.com
Website: www.mountaingardensherbs.com
Contact: Joe Hollis
Catalog: see website
Offer almost all of the Eastern U.S. "at risk" herbs. Specializing in seeds of native and oriental medicinal herbs.

Mountain Rose Herbs
P.O. Box 50220, Eugene, OR 97405
Phone: 800-879-3337
Fax: 510-217-4012
Email: info@mountainroseherbs.com
Website: www.mountainroseherbs.com
Contact: customer service
Catalog: no charge
The majority of our herbs are certified organically grown. Those not available certified organically grown are either cultivated without chemicals or ethically wildharvested. Provides many "at-risk" and "to-watch" species: American ginseng, black cohosh, bloodroot, blue cohosh, Echinacea, eyebright, false unicorn, goldenseal, lomatium, osha, slippery elm, wild yam, arnica, cascara sagrada, gentian, kava, lobelia, mayapple, Oregon grape, partridge berry, pipsissewa, spikenard and white sage.

Mushroom Harvest
P.O. Box 584, Athens, OH 45701
Phone: (740) 448-7376
Fax: (740) 448-8007
Email: info@mushroomharvest.com
Website: mushroomharvest.com
Contact: George Vaughan
Catalog: yes
Offers a wide-variety of certified organic medicinal mushroom powders including reishi, cordyceps, maitake, shiitake, lion's mane, turkey tail, split-gill, zhu ling, tremella, chaga, mesima, poria, oyster mushrooms and more.

Owl Mountain Herbs

75 Owl Mountain Road, Clyde, NC 28721
Phone: 828-627-2769
Contact: Randy & Tammy
Catalog: no
Grower of naturally cultivated herbs (not certified organic) including black cohosh, blue cohosh, goldenseal, ginseng and wild yam.

Pacific Botanicals
4840 Fish Hatchery Road, Grants Pass, OR 97527
Phone: 541-479-7777
Email: info@pacificbotanicals.com
Website: www.pacificbotanicals.com
Contact: Lisa or Toni
Catalog: no charge
We offer many "at risk" species that are certified organic or sustainably wildcrafted. 200 certified organic herbs and spices including medicinal, culinary, seaweed and green food.

Sonoma County Herb Exchange
PO Box 2162, Sebastopol, CA 95472
Phone: 707-824-1447
Fax: 707-824-1577
Email: herbexch@sonic.net
Website: www.sonomaherbs.com
Contact: Leslie Gardner
Catalog: no charge and on website
We are a network of dedicated herb growers from Sonoma County and adjoining regions of Northern California; all follow organic methods (some are organically certified, some are biodynamically certified, and some are verified by peer review). Wide selection of fresh and dried botanicals available, largely but not exclusively by preorder/contract.

Spring Mountain Herbs of Vermont
4570 Ireland Road, Starksboro, VT 05487
Phone: 413-320-1920
Email: margigregory@comcast.net
Contact: Margi Gregory
Catalog: no
Western, Chinese and Ayurvedic tonic and medicinal herbs available, organic/biodynamically grown (but not certified) or responsibly wildcrafted.

Starwest Botanicals
11253 Trade Center Drive, Rancho Cordova, CA 95742
Phone: 800-800-4372
Fax: 916-853-9673
Email: sales-w@starwest-botanicals.com
Website: www.starwest-botanicals.com
Contact: Melissa Waters, Marketing Director
Catalog: no charge
Offer a wide selection of botanicals, herbs & spices - over 550 varieties, including many certified organic culinary, medicinal and Chinese herbs. Organic sourced "at-risk" herbs include Echinacea angustifolia, black cohosh, ginseng and goldenseal. Certified organic processor and Kosher certified facility.

Zack Woods Herb Farm
278 Mead Road, Hyde Park, VT 05655
Phone: 802-888-7278
Email: zackwoods@pshift.com
Website: www.zackwoodsherbs.com

Contact: Jeff Carpenter
Catalog: No Charge
Offer over 40 species of dried or freshly harvested herbs including arnica, black cohosh, bloodroot, Echinacea, goldenseal, lobelia and pleurisy root. NOFA certified organic.